

SUMMER  
2007

# TOWER NEWS

## BOMA EARTH AWARD WINNER

We are honored to inform you that Post Montgomery Center was selected as the 1st place winner in the Large Commercial Building Category in San Francisco BOMA's 1st Annual Earth Awards Program.

This program is designed to recognize a property's practices which reflect the building's physical impact on the environment. These factors include the building's efforts to reduce water and energy usage, reducing the use of toxics, recycling practices to reduce trash output and purchasing practices. The analysis is based on an initial survey to pre-qualify each property for an on site physical inspection which is then conducted by a committee composed of representatives from Pacific Gas & Electric, San Francisco Water Department, San Francisco Department of the Environment, San Francisco Public Utilities Commission, Golden Gate Disposal and Building Owner's and Manager's Association.



We appreciate your dedication to saving energy and your contributions to the environment's prosperity and your assistance in helping us win this prestigious award. We encourage you to continue to improve your conservation efforts and sustainable practices.

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## RETIREMENT OF PMC'S CHIEF ENGINEER

Chief Engineer, Bob McLaughlin has made the decision to retire after a wonderful 25-year career at Post Montgomery Center. Bob started as an engineer during the construction of PMC and has been our engineer ever since! During his impressive tenure, Bob became well respected with both employees and tenants. Bob's unparalleled dedication to the building was amazing and everyone will truly miss him.



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## WELCOME TO OUR STAFF

### Susan Court

Susan Court has joined the Post Montgomery Center team as General Manager. Susan has many years of experience in property management in and, in fact, was a member of the PMC Team in the mid 90's. She is very happy to be home again. Originally from the East Coast, Susan has called California her home for over 30 years and San Francisco since 1993. She lives in the City and is very involved with San Francisco politics through her association with the Building Owners and Management Association (BOMA) and various neighborhood associations.



### Ed Perinoni

Ed Perinoni has joined the Post Montgomery Center team as Chief Engineer. Native to the Bay Area, Ed has dedicated the past fifteen years to providing engineering services to Class A high rise office buildings in downtown San Francisco. Ed brings with him the operational/mechanical expertise, management/leadership abilities and customer service skills required to maintain the premium level of service expected at a Class A Tier 1 property. Ed is excited to be associated with PMC and his new fresh ideas and vision will assist in improving the operation for years to come.



THE MONTGOMERY POST

## IMPORTANT PHONE NUMBERS

Building Office: 393-1500  
One Montgomery St. Suite 3220  
San Francisco, CA 94104  
www.cwpmc.com

Crocker Galleria: 393-1505  
50 Post Street  
San Francisco, CA 94104  
www.shopatgalleria.com

Security Desk: 393-1535  
security@cwpmc.com

S.F. General Hospital: 821-8200  
Police (non-emergency): 553-0123  
Fire (non-emergency): 861-8000

## MOVE OVER FRIDAY - THURSDAY IS OUR NEW FAVORITE DAY!

Our very own Crocker Galleria Farmers' Market features specialties of the season...tree-ripened cherries from the San Joaquin Valley, sweet strawberries from Watsonville, Organic vegetables, Asian vegetables, farmstead cheeses, wild pacific salmon, fresh baked breads all direct from California Certified Growers and Producers! Enjoy the Farmers' Market YEAR ROUND every Thursday from 11am to 3pm on Level 1!

Why Buy Locally Grown? People worldwide are rediscovering the benefits of buying local food. It's fresher than anything in the supermarket and that means it is tastier and more nutritious. It is also good for your local economy and buying directly from family farmers helps them stay in business. It's a win, win, win situation!



## WELCOME ZUBIO - AN OASIS OF RELAXATION COMING THIS SUMMER!

Zubio offers the most convenient way to stay healthy and relaxed in the midst of your work day! Zubio's unique massage station allows you to receive a chair massage in an attractive setting that's just minutes away from your office. Zubio allows you to sign up online (zubio.com) and then pop out of your office to receive a professional seated massage in an attractive studio. No matter how you feel when you arrive, in as little as 10 minutes, you'll feel significantly better. Coming to Crocker Galleria this summer.



## CHARLES SCHWAB'S INNOVATIVE SAFETY MEETING

Charles Schwab Floor Wardens recently organized an innovative safety meeting for Charles Schwab employees. The meeting featured a safety presentation about emergency procedures and disaster preparedness that emphasized the importance of knowing who to call and what to do during various types of emergencies. The material was co-presented by Schwab Corporate Security Representative Caden Gray and PMC Security Manager and Fire Safety Director Lee Yurman. "It was very interactive and it seemed like everybody had a good time" said Schwab employee and participant, Tiffany Stucky. "I've heard this information before but it never gets boring. The contest questions were a great way to wrap up the meeting and tie together the pertinent information."

Floor Wardens on the 7th floor said they were pleased with the turnout. "We definitely consider our second annual safety orientation a success," said event coordinator and Charles Schwab Floor Warden, Erin Jacobs, who organized a similar meeting in 2006. "An extra special thanks to Lee Yurman, Bob McLaughlin, and Jose Guevara for joining us. It was an honor to have them attend and provide their individual insights. We're looking forward to doing it all again next year."

The PMC safety team delivers Floor Warden Training to tenant volunteers annually. Cushman and Wakefield has published a 30-minute interactive Fire and Life Safety Presentation on the Internet, available to all PMC tenants at <http://postmontgomery.bssnet.com/>. The password for the presentation and copies of the PMC Tenant Emergency Guide are available through the Building Office at 393-1500.

## CROCKER GALLERIA SUMMER MUSIC SERIES

Crocker Galleria and People in Plazas is proud to present the 2007 Summer Music Series. Grab some lunch on Level 3, kick back and take in the sounds of talented local artists right here in the Galleria. From 12 pm to 1 pm every Wednesday on Level 1.

July	11	Matt Baxter	Delta Blues
	18	Silk Steel	Variety
	25	Jimbo Trout	American Roots
August	1	Mary's Dream	Contemporary
	8	Kurt Ribak Trio	Jazz
	15	Groove Guyz	Smooth Jazz
	22	Sabrocito	Mexican Traditional
	29	Le Jazz Hot	Gypsy Swing
September	5	Blue on Green	Celtic Rock
	12	Mario Vega	Latin Jazz
	19	Skunkweed Junction	Country
	26	Different Strokes	Jazz

